

## **Privacy Policy (UK GDPR)**

### **Data Controller**

The EMDR East Midlands Regional Group is the data controller for the purposes of the UK General Data Protection Regulation (UK GDPR).

If you have any questions about this privacy notice or how your personal data is handled, you can contact us at: [eastmidlands@emdrassociation.org.uk](mailto:eastmidlands@emdrassociation.org.uk)

### **Purpose of the Website**

This website is provided for the purpose of connecting therapists who live or work in the East Midlands region and who have completed at least Part 1 of EMDR UK accredited training.

The website also provides information about relevant local events, meetings, and workshops organised by the regional group.

### **Data We Collect**

We collect minimal personal data through this website. This is limited to the names and email addresses of individuals who voluntarily opt in to receive information about regional events and workshops.

By providing their email address to receive information about events or workshops, individuals consent to being contacted by the EMDR East Midlands Regional Group regarding relevant regional activities.

For technical purposes, the website may collect limited anonymous information, such as basic analytics or cookies to help the site function properly. This information does not identify individual users.

Providing this information is entirely optional and is based on your consent.

### **Use and Retention of Data**

Email addresses are used solely for the purpose for which consent was given, such as sending information about regional EMDR events or updates.

We do not share this information with third parties.

Email addresses submitted through the website for general enquiries will be deleted once a response has been provided.

Email addresses held for mailing purposes are retained only for as long as consent remains in place.

### **Your Rights (Right to be Forgotten)**

Under the UK GDPR, individuals have the right to request access to their personal data, request correction or deletion of their data, and withdraw consent at any time.

If you withdraw your consent, your email address will be removed promptly from the mailing list.

You also have the right to raise concerns about how your data is handled. The UK regulator responsible for data protection is the Information Commissioner's Office (ICO).

More information can be found at

[www.ico.org.uk](http://www.ico.org.uk)